

QUESTIONS BEREAVED CHILDREN ASK ABOUT DEATH AND GRIEF

CAUSES & PROCESSES OF DEATH



How does the body actually die? Does it hurt when you die? If my dad died of cancer, does that mean I will die of that too? How do I know when I'm dying? Why do people kill themselves?

MANAGING GRIEF



Why do I feel happy and sad at the same time? Why can't I sleep at night? Why do we have to deal with grief? How can you handle big feelings? Why do kids bully me at school now? How do I come across as normal to other people?



HUMAN INTERVENTION

Does everyone who goes to hospital die? How can I protect my family from dying? Why don't they always try to resuscitate people? How do doctors help?



MEANING OF LIFE & DEATH

What is the meaning of life? What is the point of living if you just have to die? If kids don't have a dad, why would God let their mum die? Why do some sick people get better and some don't?

AFTER DEATH



What do you do when you die? Where do we go when we die? Can you see people when you're dead? Will my uncle see my pet dog in the afterlife? What is heaven? Is heaven real? Can I still talk to my important person?

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